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Dr Samuel LING is a Clinical Associate Professor in Orthopaedics and Traumatology at The Chinese University of Hong Kong and Head of the Foot and Ankle Team at Prince of Wales Hospital. He is an orthopaedic surgeon with a particular focus on sports medicine. Dr Ling runs weekly clinics at the Hong Kong Sports Institute and has served as the HK team doctor for multiple sporting events. His research centres on tendon diseases, sports injury epidemiology, and return-to-play assessment, with over 70 publications and more than 150 international presentations that advance evidence-based sports medicine practice.